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## Seminar/Workshop UHM

Cavaliere Hotel in St Julians (Malta), 04-06.12.2019

***This country is haemorrhaging and we urgently need to stem the bleeding***

The central topic of the seminar was health and safety at the workplace, namely the way in which employers, governments and trade unions deal with this issue, the shortcomings and best practices as they can be observed in European countries, through speeches held by representatives from EU institutions, governments, trade unions, companies and NGOs from different European countries.

Special attention was given to the need for taking preventive measures and carrying out risk assessments.

Health issues that are most common at the workplace are stress, burnout, anxiety and depression. Mental health is not only important for the individual, but also for the effective functioning of the community and the whole of society. An important element in the fight against stress is the education of workers. Employers have an important task in this respect. Trade unions have a task in informing workers on the risks they run at the workplace.



Viorel Rotilă took the floor on behalf of Eurofedop. He spoke about how technological advances and informatics have an impact on the health and safety of workers.

An important topic at the seminar was also the difficult phase the country of Malta is going through. The crisis is political, social and economic. UHM Voice of the Workers has not been passive and gets involved at national level to help the country get out of the crisis.

Health and safety are not issues companies want to give much attention to in Malta, in spite of legal obligations. UHM states that there should be more enforcement in this respect and trains its representatives to play an active role in the field of health and safety.

He added that the UHM Voice of the Workers, among others, trains its representatives and encourages workers to have an active role in representing health and safety.



*EUROFEDOP delegation at the seminar/workshop*